



Staying at Home

One of the key concerns for the future identified by older Iowans and their caregivers is the hope that they will be able to stay in their own homes - with the help and support to make that possible.

They know that the time may come when they or their loved one will need help with daily living activities like housekeeping, chores, medication management or personal care.

Many organizations can help with some or all of these needs. But finding a workable and affordable combination can be a difficult, even overwhelming task.

Using a Care Management System can help Iowans identify, secure and coordinate the services they need to stay in their own homes.

How does it work?

An experienced counselor will visit your home and a comprehensive assessment is completed.

A detailed plan of care is developed and reviewed with the senior and caregivers.

Once the senior and caregivers involved approve the care plan, the care manager will make the necessary calls to ensure that the plan of care serves the identified needs.

The care manager continues to work with the senior and caregivers as long as necessary.

Hawkeye Valley Area Agency on Aging, offers care management services to seniors age 60 and older in Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Grundy, Hardin, Marshall, Poweshiek and Tama counties.

The **Care Management System** is a Case Management Project for Frail Elderly and is funded in part by the State of Iowa and the Older Americans Act.



What Does It Cost?

There is no cost for care management assessment and coordination. Agencies providing care may charge for their professional services.

Some services may be covered by Medicare and private insurance. Many agencies use a sliding fee schedule for their services.

The Elderly Waiver program, available through the Department of Human Services, may help those age 65 or older who meet medical, income and resource guidelines.

At no time will you be obligated to pay for something you did not authorize.

How to Reach Care Management

**Hawkeye Valley
Area Agency on Aging**
2101 Kimball Avenue, Suite 320
Waterloo, IA 50702-5057
319-272-2244
1-800-779-8707
e-mail: hvaaa@hvaaa.org

**Black Hawk County
Buchanan County
Grundy County
Poweshiek County
Tama County**
319-272-2244
1-800-779-8707

Bremer County
319-352-1701

Butler County
319-267-2522

Chickasaw County
641-394-5661

**Hardin County
Marshall County**
1-641-939-8261
1-800-331-8906

Iowa's Area Agencies on Aging provide all services and employment to all persons without regard to race, color, national origin, age, religion, creed, political affiliation, or mental or physical disability except where required by law.



Care Management System

**Coordinating Services and
Promoting Independence
for Older Iowans**